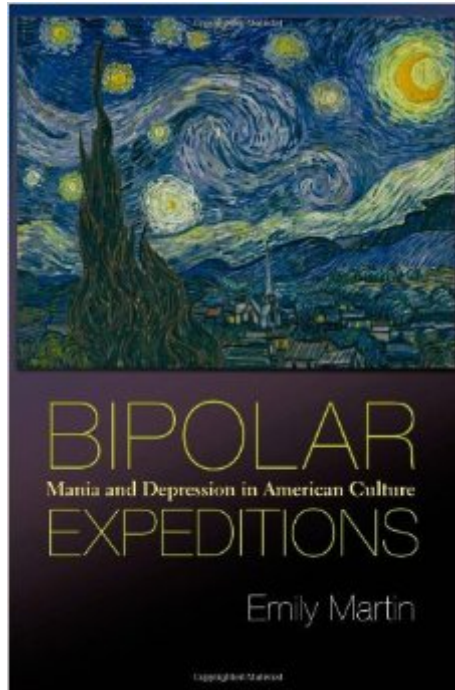


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# Bipolar Expeditions: Mania And Depression In American Culture



## Synopsis

Manic behavior holds an undeniable fascination in American culture today. It fuels the plots of best-selling novels and the imagery of MTV videos, is acknowledged as the driving force for successful entrepreneurs like Ted Turner, and is celebrated as the source of the creativity of artists like Vincent Van Gogh and movie stars like Robin Williams. *Bipolar Expeditions* seeks to understand mania's appeal and how it weighs on the lives of Americans diagnosed with manic depression. Anthropologist Emily Martin guides us into the fascinating and sometimes disturbing worlds of mental-health support groups, mood charts, psychiatric rounds, the pharmaceutical industry, and psychotropic drugs. Charting how these worlds intersect with the wider popular culture, she reveals how people living under the description of bipolar disorder are often denied the status of being fully human, even while contemporary America exhibits a powerful affinity for manic behavior. Mania, Martin shows, has come to be regarded as a distant frontier that invites exploration because it seems to offer fame and profits to pioneers, while depression is imagined as something that should be eliminated altogether with the help of drugs. *Bipolar Expeditions* argues that mania and depression have a cultural life outside the confines of diagnosis, that the experiences of people living with bipolar disorder belong fully to the human condition, and that even the most so-called rational everyday practices are intertwined with irrational ones. Martin's own experience with bipolar disorder informs her analysis and lends a personal perspective to this complex story.

## Book Information

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## Customer Reviews

As someone experienced with the ups and down of depression and anxiety, I am so grateful for this book. In "Bipolar Expeditions," Martin gives us an honest and unflinching look at the lives people lead with mania and the way depression in general is shaping our world. This work should be read by everyone and anyone affected by mental illness and those looking to understand the drastic shift from 'slow and steady wins the race' to 'last one to the finish line is a rotten egg.' P.S. Not only is there no mention of polar bears in this book, there is no 'misleading' title to indicate that possibility.

This is the sort of book that gives academics and intellectuals a bad name. Reading it you keep thinking why doesn't the author get to the point and say what she is trying to say. The book simply is not clear and I doubt if the author actually has anything coherent to say. I hope that someone will review this book and summarize it so that we will be able to know what the point of it is. Better books and other information on mental health can be found here: [mwir-mentalhealth.blogspot.com/Midwest Independent Research](http://mwir-mentalhealth.blogspot.com/MidwestIndependentResearch)

Needed this book for class. Was in excellent condition! Great read too!

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Depression Treatment Naturally & Depression Self Help: 21 Non-Medical Depression Cures To Stay Happy For Life (depression cure, postpartum depression, ... depression self help, depression free)  
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Bipolar Happens! 35 Tips and Tricks to Manage Bipolar Disorder  
Break the Bipolar Cycle: A Day-by-Day Guide to Living with Bipolar Disorder  
Facing Bipolar: The Young Adult's Guide to Dealing with Bipolar Disorder  
BIPOLAR DISORDER: Bipolar Disorder Survival Guide (SECOND EDITION)  
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